



Join Our Team as a Full-Time Coach at The Nourishment Academy (TNA)

TYPE: Permanent, 35-40 hours per week

LOCATIONS: Dorking or Godstone

SALARY: £20,000 - £35,000 per annum

SHIFTS: 6am-2pm // 12:30pm-8:30pm

Application to: hello@thenourishmentacademy.com, included your CV and a simple email describing why you're a great fit for the role.

About Us

Welcome to **The Nourishment Academy** – the UK's fastest-growing, women-only personal training brand. We empower women over 30 to take charge of their health, fitness, and confidence through **Training, Nutrition, and Accountability**. At TNA, we're more than just a gym – we're a fiercely supportive community committed to helping women in Surrey reach their full potential.

Our mission is simple: to help women live stronger, healthier, more purposeful lives. And now, we're looking for passionate coaches to join our dynamic team and grow with us!

The Role

Are you passionate about helping women on their fitness journey? We're seeking a high-energy, friendly coach who thrives on motivating others and is driven by results.

You'll be more than just a coach – this is a rare opportunity to **learn, grow, and advance** into a senior coaching or gym management role.

Your day-to-day will include coaching our **small group training sessions**, working closely with clients to keep them motivated and on track, and contributing to the continued success of our community. If you love fitness, enjoy working with people, and are excited about building lasting relationships, this could be the perfect role for you.

Key Responsibilities:

- Coach **small group training sessions** (8-10 clients) to a high standard.
- Build and maintain strong relationships with up to 50 clients, helping them stay accountable and achieve their goals.
- Manage day-to-day **administrative duties** efficiently, ensuring smooth operations.
- Deliver exceptional **customer service** and create an outstanding member experience.
- Participate in **company events** and **promote internal offers** with energy and enthusiasm.
- Contribute to a **spotless facility** by maintaining the cleanliness of the training floors and common areas.
- Focus on client **retention** through great service and engagement.

About You:

We're looking for someone who embodies the values that are at the heart of TNA:

- **Passionate** about women's fitness and wellbeing.
- A strong communicator, with **excellent people skills** – able to connect with a diverse range of clients and colleagues.

- **Organised, punctual, and professional**, with the ability to manage time and responsibilities effectively.
- A true **team player** who thrives in a supportive and fast-paced environment.
- A commitment to your own **personal and professional growth** is essential.

What We Offer:

At The Nourishment Academy, you'll join a vibrant, growing company that's passionate about making a difference. Here's why you'll love being part of our team:

- **Career Development:** Opportunities to grow into senior coaching or gym management roles.
- **Supportive Team:** Work in a positive, empowering environment where you'll be encouraged to develop your skills.
- **Community Impact:** Be part of a team that's changing lives and building an empowering, close-knit community.
- **Benefits:** Company pension, employee discount, free on-site parking, and more.

If you're ready to join us on our mission to empower women through strength, nutrition, and accountability, we'd love to hear from you!

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